



THE ORTHODOX CHRISTIAN ASSOCIATION OF MEDICINE, PSYCHOLOGY, AND RELIGION

Isolation. Violence. Hope and Communion.

OCAMPR Annual Conference, November 7-9, 2019
Saints Peter and Paul Greek Orthodox Church, Glenview, IL
www.ocampr.org

Thursday, November 7, 2019

5:30-7:00pm Registration, Exhibits Fellowship Hall

7:00-8:15pm **Welcome** Nave
Philip Mamalakis, PhD, President

Keynote Address

His Grace the Right Reverend Irinej (Dobrijevic), MDiv,
Bishop of Eastern America, Serbian Orthodox Church in North and South
America, New Rochelle, NY.

8:15-9:00pm Reception Fellowship Hall
Hosted by Orthodox Christian Counseling Institute
(OCCI), Chicago, IL.

Friday, November 8, 2019

7:45-8:30am Orthros Nave

8:30-9:00am Registration, Exhibits, Coffee and Tea Fellowship Hall

9:00-10:00am **Plenary Speaker: Medical Perspective** Nave
*Donald Jenkins, MD, FACS, Clinical Professor, Division of
Trauma and Emergency Surgery, University of Texas Health Science Center;
Distinguished Chair, Burn and Trauma Surgery; Associate Deputy Director,
Military Health Institute, San Antonio, TX.*

10:00-10:30am Break, Exhibits Fellowship Hall

10:30-11:30am **Session 1: Workshops**

Overcoming Reductive Objectivity: The Phenomenology of Subjective Personhood and the Therapeutic Encounter

Atrium

Fr. Sean Levine, MA, MDiv, MS, DMin candidate, Major, US Army; Family Life Chaplain on Fort Belvoir, VA; Priest in the Orthodox Church in America.

Suffer the Little Children: Fostering Communion and Finding Hope in a Pediatric Critical Care Setting

Room 105

Stephanie A. Storgion, MD, Licensed Physician, FAAP, FCCM, Professor and Chair of Physician Assistant Studies, Professor in the Department of Pediatrics, Division of Pediatric Critical Care, and Medical Director of the Neurosurgical Intensive Care Unit, College of Medicine, University of Tennessee Health Science Center; Member of Annunciation Greek Orthodox Church, Memphis, TN.

Leah M. Apalodimas, MSN, CPNP, CCRN, Nurse Practitioner, Pediatric Interventional Cardiology and Instructor, College of Nursing, University of Tennessee Health Science Center; Member of Annunciation Greek Orthodox Church, Memphis, TN.

Elizabeth Hawkins, MDiv, BCC, Certified Thanatologist, Chaplain at Le Bonheur Children's Hospital; Member of Annunciation Greek Orthodox Church, Memphis, TN.

Paradigm Shifts in Treating Trauma

Youth Room

Paula Dranger, MSW, LCSW, LCAC, Certified Substance Abuse Professional, Certified Program Planner, CEO at Choices Counseling Services; Assistant Director of Counseling Services and Coordinator of the Sexual Assault Awareness and Facilitative Education Office as well as Director of the Addictions Certification in the Graduate School at Valparaiso University; Member of Saints Constantine and Helen Greek Orthodox Church, Merrillville, IN.

11:45-1:15pm

Lunch and Annual Business Meeting

Fellowship Hall

1:30-2:30pm

Session 2: Workshops

Bringing Healing to Painful Memories with the Internal Family Systems (IFS) Model of Therapy

Atrium

Pres. Julie Honeycutt, MMFT, NCC, LMHC, LPC, Private Practice of Counseling, Presbytera of St. George Greek Orthodox Church, Bloomfield Hills, MI.

The Role of Medicine and Spiritual Care in Combating Loneliness

Room 105

Bavly Kost, MA, MPS, Certificate in Spiritual Care and Psychotherapy, Spiritual Care Practitioner at Scarborough Health Network and Private Practice of Psychotherapy; Member of St. George Coptic Orthodox Church, Toronto, Ontario, CANADA.

Mena Megellie, MD, Licensed Physician, DABFM, CCFP, Family Physician at McCowan Medical Center and HealthCare Plus; Member of St. George Coptic Orthodox Church, Toronto, Ontario, CANADA.

Serving the Most Vulnerable Among Us: The Orthodox Response to Victims of Human Trafficking in our Congregations

Youth Room

Emily Waters, MSW, MPA, PhD candidate, LCSW, Director of Human Trafficking Programs, The Safe Center, Long Island, NY; Member of the Church of Our Lady of Kazan (OCA), Sea Cliff, NY.

Strongholds of Heroin Addiction and Treatment Implications Choir Room
Paula Dranger, MSW, LCSW, LCAC, Certified Substance Abuse Professional, Certified Program Planner, CEO at Choices Counseling Services; Assistant Director of Counseling Services and Coordinator of the Sexual Assault Awareness and Facilitative Education Office as well as Director of the Addictions Certification in the Graduate School at Valparaiso University; Member of Saints Constantine and Helen Greek Orthodox Church, Merrillville, IN.

2:30-3:00pm Break, Exhibits Fellowship Hall

3:00-4:00pm **Plenary Speaker: Theological Perspective** Nave
Dn. Perry Hamalis, MDiv, PhD, Cecelia Schneller Mueller Professor of Religion, North Central College, Naperville, IL.

4:15-5:15pm **Session 3: Workshops**

When Suicide Seems to be the Answer: Psychological and Spiritual Implications for Care Atrium

Steven-John Harris, PhD, Licensed Psychologist, Certificates in Psychoanalytic Psychotherapy and Jungian Psychotherapy, Private Practice of Psychology, Newport Beach, CA; Member of the Nativity of the Most Holy Theotokos Serbian Orthodox Church, Irvine, CA.

Georgian Mustata, MD, Licensed Physician, Psychiatrist in Private Practice; Member of Holy Transfiguration Orthodox Church (Bulgarian Archdiocese), East Syracuse, NY.

Call to Action: Human Trafficking and Modern Slavery Room 105

Pres. Maria Drossos, MDiv candidate, Member of the Ecumenical Patriarchate's Task Force on Modern Slavery, Advisory Board member of Saint Catherine's Vision; Presbytera of Saints Panteleimon, Anna and Paraskevi Greek Orthodox Church, Markham, Ontario, CANADA.

Dn. Perry Hamalis, MDiv, PhD, Cecelia Schneller Mueller Professor of Religion, North Central College, Naperville, IL; Deacon at Holy Apostles Greek Orthodox Church, Westchester, IL.

Emily Waters, MSW, MPA, PhD candidate, LCSW, Director, Human Trafficking Programs, The Safe Center, Long Island, NY; Member of the Church of Our Lady of Kazan (OCA), Sea Cliff, NY.

Logotherapy and the Treatment of Addiction Youth Room

Dean Theophilos, MA, LADC, LPCC, Christian Therapist, Timberline Knolls Residential Treatment Center, Lemont, IL; Member of Holy Apostles Greek Orthodox Church, Westchester, IL.

Communion Through Obedience: Ministering to those in Crisis Pregnancies

Choir Room
Cindy George, MA, MTh, Board Member, ZOE for Life!; Member of St. Matthew Antiochian Orthodox Church, North Royalton, OH.

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| 5:30-6:15pm | Vespers | Nave |
| 6:30-7:45pm | Dinner | Fellowship Hall |
| 8:00-9:00pm | Florovsky Lecture (Optional) <i>Paul Gavrilyuk, PhD, Aquinas Chair in Philosophy and Theology,</i> Department of Theology, University of St. Thomas, St. Paul, MN. Sponsored by the Orthodox Theological Society in America (OTSA) | Nave |
| 9:00-9:45pm | Reception Hosted by OTSA | Fellowship Hall |

Saturday, November 9, 2019

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| 7:45-8:30am | Orthros | Nave |
| 8:30-9:00am | Registration, Exhibits, Coffee and Tea | Fellowship Hall |
| 9:00-10:00am | Plenary Speaker: Psychological Perspective <i>Kathryn Bocanegra, PhD, LCSW, Post-Doctoral Fellow,</i> Loyola University of Chicago, Center for Criminal Justice Research, Policy, and Practice. | Nave |
| 10:00-10:30am | Break, Exhibits | Fellowship Hall |
| 10:30-11:30pm | Session 4: Workshops | |

True and False Conscience in the Gospels and Psychoanalytic Theory

Atrium

Fr. Jan Veselak, MA, LAC, Certified Sex Addiction Therapist, Clinical Director of St. Ephraim Center (an Orthodox Counseling Center); Priest at All Saints of Russia Orthodox Church (ROCOR), Denver, CO.

Let us Go Forth in Peace...to Gehenna and Back: Chaplaincy in Support of First Responders

Room 105

Fr. Jon-Stephen Hedges, BA, Licensed EMT, Certified Trauma Responder, Certified Crisis Chaplain, Senior Chaplain with the Disaster Response Team, International Conference of Police Chaplains; Red Cross Disaster Spiritual Care; IOCC Disaster Frontline Team; Assistant Pastor, St. Athanasius Orthodox Church (Antiochian), Santa Barbara, CA.

Stop the Bleed: The American College of Surgeons Bleeding Control Program

Youth Room

Donald Jenkins, MD, Licensed Physician, FACS, Clinical Professor in the Division of Trauma and Emergency Surgery, University of Texas Health Science Center; Distinguished Chair in Burn and Trauma Surgery and Associate Deputy Director of the Military Health Institute; Member of St. Anthony the Great Orthodox Church (OCA), San Antonio, TX.

Seeing God's Image in our Enemy

Choir Room

Joel Klepac, MA, LMFT, Counselor at Centre College Counseling Services, Danville, KY; Member of St. Andrew Antiochian Orthodox Church, Lexington, KY.

11:45-12:45pm Lunch

Fellowship Hall

1:00-2:30pm **Session 5: Papers**

Group I:

Atrium

Delivering Bad News

Dn. Theodore J. Saclarides, MD, Licensed Physician, Vice Chairman of Surgery, Rush University, Chicago, IL; Deacon at Saints Peter and Paul Greek Orthodox Church, Glenview, IL.

"Physician, Heal Thyself:" Using Life Stories to Promote Physician Spiritual Well-Being

John Yoon, MD, Licensed Physician, Assistant Professor of Medicine, University of Chicago; Associate Program Director, Internal Medicine Residency Program, Mercy Hospital and Medical Center; Attends Hyde Park University Bible Fellowship (nondenominational), Chicago, IL.

The Medical School Curate: An Examination of Student Need

Fr. John Schieffler, PhD, MTh, MSW, Assistant Professor of Health Sciences, New Jersey City University; Adjunct Associate Professor of Public Health, New York University; Cleric of St. Nicholas Russian Orthodox Cathedral (Moscow Patriarchate), New York City, NY.

Rev. Donald P. Owens, Jr., MDiv, PhD, Retired, Chaplain (Episcopal) and Professor of Medicine and Psychiatry Emeritus, Tulane University School of Medicine, New Orleans, LA.

Marc J. Kahn, MD, MBA, MACP, FRCP, Associate Dean for Student Affairs and Peterman-Prosser Professor of Medicine in the section of Hematology/Medical Oncology, Tulane University School of Medicine, New Orleans, LA.

Group II:

Room 105

Exploring Motives for Seeking Help and the Role of Suffering

Pres. Julie Honeycutt, MMFT, NCC, LMHC, LPC, Private Practice of Counseling, Presbytera of St. George Greek Orthodox Church, Bloomfield Hills, MI.

Acceptance and Commitment in Therapy and Faith

Danielle Xanthos, MA, MDiv, PhD candidate, University of Denver, Denver, CO; Member of St. Catherine Greek Orthodox Church, Greenwood Village, CO.

Opioid Recovery and Identity Renewal: A Narrative Approach

Fr. Paul Jannakos, MDiv, MA, LPC, Pastor of St. Luke Orthodox Church (OCA), Palo Hills, IL; Psychotherapist at Ethos Counseling Group, Oakbrook, IL.

Group III:

Youth Room

Mental Health Literacy and Referral Practices of Clergy

Fr. Seraphim Chemodakov, MA, LAC, NCC, PhD candidate, Assistant Priest at St. Alexander Nevsky Cathedral (ROCOR), Howell, NJ; Private Practice at The Center for Therapy and Counseling Services, East Brunswick, NJ.

Agape Circle: A Practical Way to Foster Communion in Love in the Parish Setting

Dn. Mark Nickolas, MDiv, PhD, LMHC, Psychotherapist at Inner Resources Counseling, Marblehead, MA; Visiting Assistant Professor, Salem State University, Salem, MA; Deacon in the GOA Metropolis of Boston.

Isolation, Violence, Hope and Communion: The Inner Structure of Holy Week, and its Spiritual and Therapeutic Significance

Fr. Isaac Skidmore, MDiv, PhD, LPC, NCC, Adjunct Instructor, Clinical Mental Health Counseling, Southern Oregon University; Auxiliary Priest at Archangel Gabriel Orthodox Church (OCA), Ashland, OR.

Group IV:

Choir Room

Healing from Adversity as a Woman in the Church Today

AnnMarie Mecera, BS, Founder of St. Phoebe Center for the Deaconess, Member of the Orthodox Church of St. Stephen the Protomartyr (OCA), Longwood, FL.

The Orthodox Christian Family: Helping Our Children to Grow Spiritually

Katina Kay Kostoulas, MEd, PhD, Licensed Clinical Psychologist, Certificate in Psychoanalysis, Private Practice of Psychology, Teaching Faculty and Corresponding Member of the Newport Psychoanalytic Institute; Member of Annunciation Greek Orthodox Cathedral, San Francisco, CA.

Isolation and Connection: Youth Returning to their Place of Belonging

Allena Barbato, MA, JD, LMFT, Psychotherapist at The Therapy Tree, Lake Villa, IL; Member of St. Demetrios Greek Orthodox Church, Libertyville, IL.

Group V:

High School Room

Social Psychology and Church Hierarchies: Works of the Flesh or Movement Towards the Mystical Church of Christ?

Ioana Popa, MD, Licensed Physician, Private Practice of Psychiatry, Newton Highlands, MA; Counselor, Spiritual Formation and Counseling Office, Hellenic College and Holy Cross Greek Orthodox School of Theology, Brookline, MA.

Hope, Charity, Empathy and What We Can Learn from St. Paraskeva

Mariana Cuceu, MD, MPH, PhD candidate, Affiliate with the Program on Medicine and Religion, University of Chicago; Member of Sts. Constantine and Helen Romanian Orthodox Cathedral, Chicago, IL.

On Inner and Outer Restoration: Correct Communion as a Therapy for Isolation and Violence; There is Hope and Work to do, says St. Theophan the Recluse

Imad Rubeiz, MA, PhD candidate, Assistant Accreditation Officer and Lecturer, University of Balamand; Chanter at Our Lady of Balamand Patriarchal Monastery (Antiochian Patriarchate), Balamand, El-Koura, LEBANON.

2:30-3:00pm

Break, Exhibits

Fellowship Hall

3:00-4:00pm

Session 6: Workshops

Building Bridges or Barriers? The Impact of Social Media on Connecting with Ourselves, Each Other, and God

Atrium

Randa Karadsheh Anderson, PhD, Licensed Clinical Psychologist, Private Practice of Psychology, Orthodox Christian Counseling Institute; Member of Saints Peter and Paul Greek Orthodox Church, Glenview, IL.

Catherine Creticos, MD, Licensed Physician, Chief of the Section of Infectious Diseases, Advocate Illinois Masonic Medical Center; Director of Infectious Diseases, Howard Brown Health; Physician and Consultant at AIMMC and HBH; Member of Saints Peter and Paul Greek Orthodox Church, Glenview, IL.

Helen Creticos Theodoropoulos, PhD, Adjunct Professor, St. Sava Serbian Orthodox School of Theology; Member of Saints Peter and Paul Greek Orthodox Church, Glenview, IL.

**Complex Post Traumatic Stress and the Orthodox Moral Tradition: Critiques of
“Our Thoughts Determine Our Lives” from Trauma Theory** Room 105

Kate McCray, ThM, MDiv, PhD candidate, St. Michael’s College, University of Toronto; Member of Holy Myrrhbearers Chapel (OCA), University of Toronto, Toronto, Ontario, CANADA.

Nourishing the Violent Brain

Youth Room

Mat. Christina Veselak, MS, LMFT, Certified Nutritionist, Psychotherapist at Garden Gate Counseling & Consulting and St. Ephraim Center (an Orthodox Counseling Center), Centennial, CO; Founder and Director, The Academy for Addiction and Mental Health Nutrition; Matushka of All Saints of Russia Orthodox Church (ROCOR), Denver, CO.

4:15 – 5:15pm

Wrap Up/Reflection

Nave

Facilitator: *Dn. Mark Nickolas, MDiv, PhD, LMHC*

5:30-6:30pm

Vespers and Blessing of the Hands

Nave

Sunday, November 10, 2019

9:30-11:00am

Divine Liturgy

Nave