



THE ORTHODOX CHRISTIAN ASSOCIATION OF MEDICINE, PSYCHOLOGY, AND RELIGION

On Pain and Suffering

OCAMPR Annual Conference

November 3-5, 2016

Holy Cross Greek Orthodox School of Theology, Brookline, MA

www.ocampr.org

Thursday, November 3, 2016

5:00-7:00pm Registration: Maliotis Center Foyer

7:00-8:30pm **Welcome and Keynote Address** - Maliotis Center, Room A
The Right Reverend Dr. Alexander (Golitzin), Bishop of Dallas, the South and the Bulgarian Diocese, Orthodox Church in America

8:30-9:30pm Reception: Maliotis Center Foyer

Friday, November 4, 2016

8:00-8:45am Orthros: Chapel

8:30-9:00am Registration: Maliotis Center Foyer

9:00-10:00am **Plenary Speaker - Medical Perspective** – Maliotis Center, Room A
Donald Jenkins, M.D., FACS, Clinical Professor, Division of Trauma and Emergency Surgery, University of Texas Health Science Center, San Antonio, TX

10:00-10:30am Break

10:30-11:30am **Plenary Speaker - Psychological Perspective** – Maliotis Center, Room A
Albert Rossi, Ph.D., Director of Counseling and Psychological Services, Saint Valdimir's Orthodox Theological Seminary, Crestwood, NY

11:45-12:45pm Lunch – Maliotis Center, Room B

1:00-2:00pm **Plenary Speaker - Theological Perspective** – Maliotis Center, Room A
Rev. Emmanuel Clapsis, Ph.D., Archbishop Iakovos Professor of Orthodox Theology, Holy Cross Greek Orthodox School of Theology, Brookline, MA

Friday, November 4, 2016, continued:

2:15-3:15pm **Workshops, Session 1**

Workshop 101 – Maliotis Center, Room A

Reflections on the Holy and Great Council on Fasting

Gayle Woloschak, Ph.D., D.Min., Professor, Feinberg School of Medicine, Northwestern University, Chicago, IL
Teva Regule, M.Div., Ph.D. candidate in Theology, Computer Networks Manager, Massachusetts Institute of Technology, Cambridge, MA
Fr. Nathanael Symeonides, Th.D., Director of the Office of Inter-Orthodox Ecumenical and Interfaith Relations, GOA, New York City, NY

Workshop 102 – Maliotis Center, Room B

Uncovering the Untold Story: Addressing Spiritual Pain and the Biopsychosocial Suffering of Post Traumatic Spiritual Disorder

Dn. Stephen Muse, Ph.D., author of *Being Bread* and *When Hearts Become Flame*, Director of Education and Training, Pastoral Institute, Columbus, GA

Workshop 103 – Maliotis Center, Room C

Spiritual Suffering: Visiting the Sick, Visiting Christ – A Chaplain’s Perspective

Fr. Adrian Budica, Th.M., Director of Field Education and Supervisor in Clinical Pastoral Education, St. Vladimir’s Seminary, Crestwood, NY; Assistant Priest, St. Nicholas Cathedral, Brooklyn, NY
Sarah Byrne-Martelli M.Div., Chaplain, Beacon House Hospice, Boston, MA, and Instructor, California State University Institute for Palliative Care, San Marcos, CA

3:15-3:45pm Break

3:45-4:45pm **Workshops, Session 2**

Workshop 201 – Maliotis Center, Room A

Medical Missions and Orthodoxy

Cheryl Johnson, M.D., Physician who has been on OCMC short term medical missions to Uganda, Tanzania and Indonesia; Adult Hospitalist at Cape Coral Hospital, Fort Myers, FL

Workshop 202 – Maliotis Center, Room B

Understanding and Treating Eating Disorders

Gloria Terziyska, Ed.S., Primary and Family Therapist, Selah of the Carolinas (a Christian-based treatment center), Columbia, SC

Workshop 203 – Maliotis Center, Room C

“You need to feel the pain. To feel the pain and to love” (Elder Porphyrios): The Transforming Power of Events, and the Uncontained Passion of the Poetic Creativity

Chrysostomos Stamoulis, Ph.D., author of *As If I Were a Stranger and a Wanderer, Or, Incarnation: The Migration of Love* and numerous other books, papers and essays; Professor, Department of Theology, Aristotle University of Thessaloniki, Greece.

5:00-6:00pm Vespers: Chapel

6:15-7:45pm Dinner with Speaker: Maliotis Center Foyer
“Inspired by Faith – Driven by Purpose: A Presentation on the Life-Saving Work of IOCC,” *Louis Zagami, Development Officer, International Orthodox Christian Charities*

7:45-8:30pm Dessert Social – Maliotis Center Foyer

Saturday, November 5, 2016

8:00-8:45am Orthros: Chapel

9:00-10:00am **Workshops, Session 3**

Workshop 301 - Maliotis Center, Room A

Research on Religion, Spirituality and Health

Michael Christakis, M.D., Internal Medicine, Togus VA Medical Center, Augusta, ME

Workshop 302 - Maliotis Center, Room B

Healing the Healer: Introduction to Internal Family System Model in Understanding the Pain and Suffering of the Healer

Ioana Popa, M.D., Psychiatrist in Private Practice, Newton Highlands, MA, and Adjunct Assistant Professor, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA

Workshop 303 - Maliotis Center, Room C

Gratitude During Times of Suffering

Robin Phillips, Ph.D. candidate in historical theology, author of *Saints and Scoundrels* and contributing editor for *Salvo Magazine* and *Touchstone*, Post Falls, ID

10:00-10:30am Break

10:30-11:30pm **Workshops, Session 4**

Workshop 401 – Maliotis Center, Room A

Parish Nursing: Hope, Health, and Healing

Elizabeth Ashton, R.N., M.S.N., Parish Nurse, St. Demetrios Greek Orthodox Church, Saco, ME
Katherine Richo, R.N., M.S.N., Parish Nurse, St. Philip Greek Orthodox Church, Nashua, NH

Workshop 402 – Maliotis Center, Room B

Healing the Healer: For Now I am Done Caring For or Healing the Other – What Do I Do Next?

Ioana Popa, M.D., Psychiatrist in Private Practice, Newton Highlands, MA, and Adjunct Assistant Professor, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA

Workshop 403 – Maliotis Center, Room C

Healing for People with no Religious Affiliation

Sdn. Adam Lowell Roberts, B.A., Administrator of the *Becoming Truly Human* Program of the AOCANA, author of *100 Natural Ways to Grow a Church*, and host of podcast, "Go Forth" on Ancient Faith Radio; Franklin, TN

11:45-1:15pm Lunch and OCAMPR Annual Business Meeting – Maliotis Center, Room B

1:30-3:00pm **Paper Presentations, Session 5**

Group I – Maliotis Center, Room A

Philanthropia and Global Bioethics: An Orthodox Perspective on Social Responsibility in Healthcare

Chris Durante, Ph.D., Visiting Assistant Professor, Department of Religious Studies, Manhattan College, Bronx, NY

Seek Out Motivations: Improving Antenatal Counseling of Premie Parents When Infant Death is Likely

Eric Ruthford, M.S., preemie-parent author, former financial manager of Raphael House (homeless shelter in San Francisco), Seattle, WA

The Science of Empathy and Purity of Heart in Understanding Suffering

Mariana Cuceu, M.D., Ph.D. candidate, The Program on Medicine and Religion, University of Chicago, IL
Peter Engel, M.D., VA Boston Healthcare System and Department of Medicine, Harvard Medical School, Boston, MA

Saturday, November 5, 2016, continued:

Group II – Maliotis Center, Room B

A Co-Suffering Community: Eastern Orthodox Ethical Reflections on Bipolar Disorder, Suicide, and Support

Kate McCray, Ph.D. candidate in Theological Studies: Christian Ethics, University of Toronto, CAN

Orthodox Reflections on a Model of Missionary Resiliency

Geoff Whiteman, M.A., Th.M. candidate, Marriage and Family Therapist, Missionary Care Coordinator at OCMC, Wilmore, KY

Pain, Suffering, and Family Systems: A Narrative Family Therapy Approach

Fr. Sean Levine, M.Div., MFT candidate, Chaplain (Major), US Army, Fort Hood, TX

3:00-3:15pm Break

3:15-4:45pm **Paper Presentations, Session 6**

Group I – Maliotis Center, Room A

Distinctions of Shame and Guilt and Their Influence Upon Addictive Behavior

Fr. Theodore Niklasson, M.T.S., Holy Archangels Orthodox Christian Retreat Center, Ava, MO

Addiction, The Healer, and Divine Intervention: A Caretaker's Journey Through Compassion Fatigue

Dn. Nikolas Delaveris, M.Div., Primary Counselor, Phoenix House Mid-Atlantic, Arlington, VA

Traumatic Loss: An Orthodox Perspective on Forgiveness in Amish Community

Tom Miller, M.D., Hospice and Palliative Care, Lancaster, PA

Group II – Maliotis Center, Room B

The Patient Acceptance of Tribulations as an Exemplar of Spiritual Practice

Mark W. Flory, Ph.D., Affiliate Faculty, Department of Philosophy, Metropolitan State University, Denver, CO

The Violence of Hermeneutics and Theories in Pastoral Care

Sébastien Farlardeau, Ph.D. candidate in Theology, Chaplain and Researcher, Université de Montreal, CAN

Visiting the Sick, Visiting Christ, Visiting Myself: A Theology of Pastoral Care

Fr. Adrian Budica, Th.M., Director of Field Education and Supervisor in Clinical Pastoral Education, St. Vladimir's Seminary, Crestwood, NY; Assistant Priest, St. Nicholas Cathedral, Brooklyn, NY

5:00-6:00pm Vespers and Blessing of the Hands: Chapel