



THE ORTHODOX CHRISTIAN ASSOCIATION OF MEDICINE, PSYCHOLOGY, AND RELIGION

Resiliency: Body, Mind, and Spirit

OCAMPR Annual Conference

November 2 – 4, 2017

Ukrainian Cultural Center, 135 Davidson Ave., Somerset, NJ

www.ocampr.org

WORKSHOPS

Working in the Vineyard: The Resiliency of Lay Laborers

Carrie Frederick Frost, PhD, Professor of Theology, Saint Sophia Ukrainian Orthodox Seminary, Somerset, NJ (Moderator). Panelists: *Jen Nahas, MPP*, Research/evaluation consultant, Brigham Nahas Research Associates, Cambridge, MA; *Kyra Limberakis, MTS*, Assistant Director, Office of Vocation and Ministry, and Associate Director, CrossRoad Summer Institute, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA.

Becoming a Healing Presence

Albert Rossi, PhD, Director of Counseling and Psychological Services, Saint Vladimir's Orthodox Theological Seminary, Crestwood, NY.

Lazarus is Dying...Again: Reflections on Consubstantiality and Spiritual Resilience

Dn. Stephen Muse, PhD, Director of Education and Training, Pastoral Institute, Columbus, GA.

Achieving Wellness in Confinement: How a Small Health Success from a Prison Can Guide us to Achieve Greater Health Success Nationwide

Sandra M. Mathoslah, PharmD, MBA, Officer of the US Public Health Service, Rockville, MD.

Resiliency on Deployment: Lessons from an Ebola Treatment Unit in Monrovia, Liberia

Sandra M. Mathoslah, PharmD, MBA, Officer of the US Public Health Service, Rockville, MD.

The Resilient Missionary Model

Geoff Whiteman, MA, ThM candidate, Marriage and Family Therapist, Missionary Care Coordinator at OCMC, Wilmore, KY.

On the Way to Theosis Through the Christian Family

Fotini Lazaridou-Birbilis, MA, Private practice, Moorestown, NJ, and *Fr. Christodoulos Papadeas*, Dean at Toronto Orthodox Theological Academy, Toronto, CAN.

Orthodox Medical Missions Around the World

John Demakis, MD, FACP (retired), former Director of VA Health Services Research Service, Falls Church, VA (Moderator). Panelists: *Cheryl Johnson, MD*, Adult Hospitalist, Cape Coral Hospital, Fort Myers, FL; *Gayle Woloschak, PhD, DMin*, Professor, Feinberg School of Medicine, Northwestern University, Chicago, IL.

Holistic Christian Life

Cynthia Damaskos, CHHC (Certified Holistic Health Coach), Private practice, and Director of the Orthodox Speakers Bureau, Valparaiso, IN.

The Burning Bush: Can a Caregiver be *both* “On Fire” and “Not Consumed”?

Fr. Adrian Budica, ThM, Director of Field Education, Saint Vladimir’s Orthodox Theological Seminary, Crestwood, NY.

Functional Medicine – The True Path to Health and Healing

Peggy Mouracade, MD, Senior partner, Associates in Nephrology, and Medical Director, Kimberly ReGenesis Center (alcohol and substance abuse treatment), Fort Myers, FL.

Raising Resilient Children

Sarah Brangwynne, MA, Psychotherapist, Move to Heal, Princeton, NJ; and *Juliana Schneider, MEd*, Assistant principal, The Merriam School, Anton, MA, and Adjunct professor at the Graduate School of Education, Lesley University, Cambridge, MA.

Caregiver Resiliency

Donald Jenkins, MD, FACS, Clinical Professor, Division of Trauma and Emergency Surgery, University of Texas Health Sciences Center, San Antonio, TX (Moderator). Panelists: *Roxana Delgado, PhD*, Fellow, School of Medicine, Military Health Institute and Department of Epidemiology and Biostatistics, University of Texas Health Sciences Center, San Antonio, TX; *Kimberly Peacock, EdD*, Senior Research Scientist, Department of Epidemiology and Biostatistics, University of Texas Health Sciences Center, San Antonio, TX; and *Chetan Kharod, MD, MPH*, Colonel, USAF, Program Director, Military EMS and Disaster Medicine Fellowship Program, Department of Emergency Medicine, San Antonio Military Medical Center, Fort Sam Houston, TX.

Healing and Transformation in Jungian Psychology and Orthodox Christianity

Pia Chaudhari, PhD, Adjunct Faculty, Fordham University and Psychoanalyst in training, National Institute for the Psychotherapies, New York, NY; *Fr. Adrian Budica, ThM*, Director of Field Education, Saint Vladimir’s Orthodox Theological Seminary, Crestwood, NY; *Fr. Sean Levine, MDiv, MFT candidate*, Chaplain (Major), US Army, Fort Hood, TX.

The Resilient Marriage

Susan E. Hansen-Engelhard, MA, Mental health counselor, Perspectives Counseling and Consulting, Orlando, FL.

Paradise Lost and Paradise Regained: Authentic Restoration to God, A Psychoanalytic Perspective

Steven M. Harris, PhD, Psychologist, Private practice, Newport Beach, CA.

Healing the Healer: Watchfulness, Contemplation, and Resilience

Ioana Popa, MD, Psychiatrist, Private Practice, Newton Highlands, MA, and Counselor and Adjunct Assistant Professor, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA.

What it Means to be an Orthodox Therapist: Three Perspectives

Philip Mamalakis, PhD, Assistant Professor of Pastoral Care, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA; *Demetra Jaquet, DMin*, retired Chaplain, Counselor/Spiritual Director, Palisade, CO; *Dn. Stephen Muse, PhD*, Director of Education and Training, Pastoral Institute, Columbus, GA.