



THE ORTHODOX CHRISTIAN ASSOCIATION OF MEDICINE, PSYCHOLOGY, AND RELIGION

Resiliency: Body, Mind, and Spirit

OCAMPR Annual Conference, November 2-4, 2017
Ukrainian Cultural Center, 135 Davidson Ave., Somerset, NJ
www.ocampr.org

Thursday, November 2, 2017

- 6:00-7:00pm Registration
- 7:00-8:30pm **Welcome:** *Gayle Woloschak, PhD, DMin, President*
Keynote Address: *His Eminence Metropolitan Isaiah of Denver,*
Greek Orthodox Archdiocese of America
- 8:30-9:00pm Wine and Cheese Reception/Exhibitors

Friday, November 3, 2017

- 8:00-8:45am Orthros: Saint Sophia Ukrainian Orthodox Seminary Chapel
- 8:30-9:00am Registration
- 9:00-10:00am **Plenary Speaker: Medical Perspective**
*Dn. Euthym Kontaxis, MD, Medical Director, Emergency
Department, Eisenhower Medical Center, Rancho Mirage, CA.*
- 10:00-10:30am Coffee and Tea Break
- 10:30-11:30am **Session 1: Workshops**

Room A: Healing and Transformation in Jungian Psychology and Orthodox Christianity

Pia Chaudhari, PhD, Analyst-in-training, Jungian Psychoanalytic Association, New York, NY; Fr. Adrian Budica, ThM, Director of Field Education, Saint Vladimir's Orthodox Theological Seminary, Crestwood, NY; Fr. Sean Levine, MDiv, MFT candidate, Chaplain (Major), US Army, Fort Hood, TX; Michael Monhart, MA, STM, Analyst-in-training, Jungian Psychoanalytic Association, New York, NY.

Room B: Functional Medicine – The True Path to Health and Healing

Peggy Mouracade, MD, Senior partner, Associates in Nephrology, and Medical Director, Kimberly ReGenesis Center (alcohol and substance abuse treatment), Fort Myers, FL.

Room C: Working in the Vineyard: The Resiliency of Lay Laborers

Carrie Frederick Frost, PhD, Professor of Theology, Saint Sophia Ukrainian Orthodox Seminary, Somerset, NJ (Moderator). Panelists: Jen Nahas, MPP, Research/evaluation consultant, Brigham Nahas Research Associates,

Cambridge, MA; *Kyra Limberakis, MTS*, Assistant Director, Office of Vocation and Ministry, and Associate Director, CrossRoad Summer Institute, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA.

Room D: The Resilient Missionary Model

Geoff Whiteman, MA, ThM candidate, Marriage and Family Therapist, Missionary Care Coordinator at OCMC, Wilmore, KY.

11:45-12:45pm Lunch

1:00-2:30pm **Session 2: Paper Presentations**

Room A: Group I

Resilience in Death, or Resilience to Death

Tom Miller, MD, Hospice and Palliative Care, Lancaster, PA.

The Importance and Dangers of Models of Health

Mark Flory, PhD, Affiliate Faculty, Department of Philosophy, Metropolitan State University, Denver, CO.

Eastern Christian Patristic Practices: A Reflection towards Re-enchantment of Clinical Empathy in the 21st Century

Mariana Cuceu MD, MPH, PhD candidate, Program on Medicine and Religion, The University of Chicago, IL; *Critinel Stefanescu, MD, PhD*, Grigore T. Popa University of Medicine and Pharmacy, Iasi, Romania; and *Ricardo Moreno, MA candidate*, Catholic Theological Union, Chicago, IL.

Room B: Group II

Repentance, Tears and Emotional Resilience: Orthodox Theological vs. Western Secular Psychological Perspectives

Alexandra Union, PhD, Clinical Psychologist, Sonora Regional Medical Center, Sonora, CA.

Resiliency in Recovery from Alcohol and Drug Addiction

Fr. Michael Kon, MEd, CAADC (Certified Advanced Alcohol and Drug Counselor), Mid-Atlantic Rehabilitation Services Addictions Treatment Program, Bethlehem, PA, and Assistant Pastor, Holy Resurrection Orthodox Church, Allston, MA.

Ego Reduction as a Way to Resiliency

Dean Theophilos, MA, Mental Health Therapist, Park Collins Family Mental Health, Vadnais Heights, MN.

Room C: Group III

Opening the Doors of the Hospital: The Parish as a Welcoming Place of Healing

Dn. Photios Clayton Parks, PhD, Qualified Developmental Disabilities Professional, Lifespan Services, Brevard, NC.

Building Priestly Resilience: The Challenge of Spiritual Formation

Fr. Gregory Jensen, PhD, Pastor, Ukrainian Orthodox Mission, Madison, WI, and *Fr. Anthony Perkins, MA, MDiv*, Adjunct Professor of Church History, Saint Sophia Ukrainian Orthodox Seminary, South Bound Brook NJ.

Resilience and the Redemption of Human Being and Becoming

Pres. Vasiliki Eckley, MDiv, Holy Meeting of Joachim and Anna Apoltolia (a research and educational foundation studying issues of relationship and lifestyle in today's world), Austin, TX.

Room D: Group IV

Catchphrases of Cartoons, Super Heroes, and Jedi as applies to Resilience in Psychiatric Units for Children: Philosophical and Theological Approaches for Chaplaincy

Sebastian Farlardeau, PhD candidate, Researcher, Universite de Montreal, CAN; Chaplain, Franciscan Children's Hospital, Brighton, MA; Instructor, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA.

2:30-3:00pm Coffee and Tea Break

3:00-4:00pm **Plenary Speaker: Psychological Perspective**
Demetra Jaquet, DMin, Pastoral Counselor/Spiritual Director,
Board Certified Chaplain, Supervisor of Clinical Pastoral
Education (retired), Palisade, CO.

4:15-5:15pm **Session 3: Workshops**

Room A: Becoming a Healing Presence

Albert Rossi, PhD, Director of Counseling and Psychological Services, Saint Vladimir's Orthodox Theological Seminary, Crestwood, NY.

Room B: Resiliency on Deployment: Lessons from an Ebola Treatment Unit in Monrovia, Liberia

Sandra M. Mathoslah, PharmD, MBA, Officer of the US Public Health Service, Rockville, MD.

Room C: The Burning Bush: Can a Caregiver be both "On Fire" and "Not Consumed"?

Fr. Adrian Budica, ThM, Director of Field Education, Saint Vladimir's Orthodox Theological Seminary, Crestwood, NY.

Room D: Orthodox Medical Missions Around the World

John Demakis, MD, FACP (retired), former Director of VA Health Services Research Service, Falls Church, VA (Moderator). Panelists: *Cheryl Johnson, MD*, Adult Hospitalist, Cape Coral Hospital, Fort Myers, FL; *Gayle Woloschak, PhD, DMin*, Professor, Feinberg School of Medicine, Northwestern University, Chicago, IL; *Floyd Frantz, BA*, Missions Specialist, OCMC, and Coordinator, National Antidrug Program, Romanian Orthodox Church, Cluj, Romania.

5:30-6:30pm Vespers: St. Andrew Memorial Church, 280 Main St.,
South Bound Brook, NJ.

6:30-8:30pm Ethnic Ukrainian Dinner and Speaker: Sisterhood Hall (next to Church)

Saturday, November 4, 2017

8:00-8:45am Orthros: Saint Sophia Ukrainian Orthodox Seminary Chapel

9:00-10:00am **Plenary Speaker: Theological Perspective**
Very Rev. John Behr, DPhil, Dean, Rector, Director of the Master of
Theology Program and Professor of Patristics, Saint Vladimir's
Orthodox Theological Seminary, Yonkers, NY.

10:00-10:30am Coffee and Tea Break

10:30-11:30pm **Session 4: Workshops**

Room A: Caregiver Resiliency

Donald Jenkins, MD, FACS, Clinical Professor, Division of Trauma and Emergency Surgery, University of Texas Health Sciences Center, San Antonio, TX (Moderator). Panelists: *Roxana Delgado, PhD*, Fellow, School of Medicine, Military Health Institute and Department of Epidemiology and Biostatistics, University of Texas Health Sciences Center, San Antonio, TX; *Kimberly Peacock, EdD*, Senior Research Scientist, Department of Epidemiology and Biostatistics, University of Texas Health Sciences Center, San Antonio, TX; and *Chetan Kharod, MD, MPH*, Colonel, USAF, Program Director, Military EMS and Disaster Medicine Fellowship Program, Department of Emergency Medicine, San Antonio Military Medical Center, Fort Sam Houston, TX.

Room B: Paradise Lost and Paradise Regained: Authentic Restoration to God, A Psychoanalytic Perspective
Steven M. Harris, PhD, Psychologist, Private practice, Newport Beach, CA.

Room C: Healing the Healer: Watchfulness, Contemplation, and Resilience
Ioana Popa, MD, Psychiatrist, Private Practice, Newton Highlands, MA, and Counselor and Adjunct Assistant Professor, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA.

Room D: Raising Resilient Children
Sarah Brangwynne, MA, Psychotherapist, Move to Heal, Princeton, NJ; and Juliana Schneider, MEd, Assistant principal, The Merriam School, Anton, MA, and Adjunct professor at the Graduate School of Education, Lesley University, Cambridge, MA.

11:45-1:15pm Lunch and OCAMPR Annual Business Meeting

1:30-2:30pm **Session 5: Workshops**

Room A: Lazarus is Dying...Again: Reflections on Consubstantiality and Spiritual Resilience
Dn. Stephen Muse, PhD, Director of Education and Training, Pastoral Institute, Columbus, GA.

Room B: Achieving Wellness in Confinement: How a Small Health Success from a Prison Can Guide us to Achieve Greater Health Success Nationwide
Sandra M. Mathoslah, PharmD, MBA, Officer of the US Public Health Service, Rockville, MD.

Room C: The Resilient Marriage
Susan E. Hansen-Engelhard, MA, Mental health counselor, Perspectives Counseling and Consulting, Orlando, FL.

2:30-3:00pm Coffee and Tea Break

3:00-4:00pm **Session 6: Workshops**

Room A: What it Means to be an Orthodox Therapist: Three Perspectives
Philip Mamalakis, PhD, Assistant Professor of Pastoral Care, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA; Demetra Jaquet, DMin, retired Chaplain, Counselor/Spiritual Director, Palisade, CO; Dn. Stephen Muse, PhD, Director of Education and Training, Pastoral Institute, Columbus, GA.

Room B: Holistic Christian Life
Cynthia Damaskos, CHHC (Certified Holistic Health Coach), Private practice, and Director of the Orthodox Speakers Bureau, Valparaiso, IN.

Room C: On the Way to Theosis Through the Christian Family
Fotini Lazaridou-Birbilis, MA, Private practice, Moorestown, NJ, and Fr. Christodoulos Papadeas, Dean at Toronto Orthodox Theological Academy, Toronto, CAN.

4:15 – 5:15pm **Wrap Up/Reflection/Discussion with Plenary Speakers and Advisory Board**

5:30-6:30pm Vespers and Blessing of the Hands: St. Andrew Memorial Church,
280 Main St., South Bound Brook, NJ.

Sunday, November 5, 2017

10:00am Divine Liturgy: St. Andrew Memorial Church, 280 Main St.,
South Bound Brook, NJ.