



# THE ORTHODOX CHRISTIAN ASSOCIATION OF MEDICINE, PSYCHOLOGY, AND RELIGION

## Resiliency: Body, Mind, and Spirit

OCAMPR Annual Conference, November 2-4, 2017  
Ukrainian Cultural Center, 135 Davidson Ave., Somerset, NJ  
[www.ocampr.org](http://www.ocampr.org)

### Thursday, November 2, 2017

- 6:00-7:00pm Registration
- 7:00-8:30pm **Welcome:** *Gayle Woloschak, PhD, DMin*, President  
**Keynote Address:** *His Eminence Metropolitan Isaiah of Denver*,  
Greek Orthodox Archdiocese of America
- 8:30-9:00pm Wine and Cheese Reception/Exhibitors

### Friday, November 3, 2017

- 8:00-8:45am Orthros: Saint Sophia Ukrainian Orthodox Seminary Chapel
- 8:30-9:00am Registration
- 9:00-10:00am **Plenary Speaker: Medical Perspective**  
*Dn. Euthym Kontaxis, MD*, Medical Director, Emergency  
Department, Eisenhower Medical Center, Rancho Mirage, CA.
- 10:00-10:30am Coffee and Tea Break
- 10:30-11:30am **Session 1: Workshops**

**Room A: Healing and Transformation in Jungian Psychology and Orthodox Christianity**

*Pia Chaudhari, PhD*, Analyst-in-training, Jungian Psychoanalytic Association, New York, NY; *Fr. Adrian Budica, ThM*, Director of Field Education, Saint Vladimir's Orthodox Theological Seminary, Crestwood, NY; *Fr. Sean Levine, MDiv, MFT candidate*, Chaplain (Major), US Army, Fort Hood, TX; *Michael Monhart, MA, STM*, Analyst-in-training, Jungian Psychoanalytic Association, New York, NY.

**Room B: Resiliency on Deployment: Lessons from an Ebola Treatment Unit in Monrovia, Liberia**

*Sandra M. Mathoslah, PharmD, MBA*, Officer of the US Public Health Service, Rockville, MD.

**Room C: Working in the Vineyard: The Resiliency of Lay Laborers**

*Carrie Frederick Frost, PhD*, Professor of Theology, Saint Sophia Ukrainian Orthodox Seminary, Somerset, NJ (Moderator). Panelists: *Jen Nahas, MPP*, Research/evaluation consultant, Brigham Nahas Research Associates, Cambridge, MA; *Kyra Limberakis, MTS*, Assistant Director, Office of Vocation and Ministry, and Associate Director, CrossRoad Summer Institute, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA.

**Room D: The Resilient Missionary Model**

*Geoff Whiteman, MA, ThM candidate, Marriage and Family Therapist, Missionary Care Coordinator at OCMC, Wilmore, KY.*

11:45-12:45pm      Lunch

1:00-2:30pm      **Session 2: Paper Presentations**

**Room A: Group I**

**Resilience in Death, or Resilience to Death**

*Tom Miller, MD, Hospice and Palliative Care, Lancaster, PA.*

**The Importance and Dangers of Models of Health**

*Mark Flory, PhD, Affiliate Faculty, Department of Philosophy, Metropolitan State University, Denver, CO.*

**Eastern Christian Patristic Practices: A Reflection towards Re-enchantment of Clinical Empathy in the 21<sup>st</sup> Century**

*Mariana Cuceu MD, MPH, PhD candidate, Program on Medicine and Religion, The University of Chicago, IL; Critinel Stefanescu, MD, PhD, Grigore T. Popa University of Medicine and Pharmacy, Iasi, Romania; and Ricardo Moreno, MA candidate, Catholic Theological Union, Chicago, IL.*

**Room B: Group II**

**Repentance, Tears and Emotional Resilience: Orthodox Theological vs. Western Secular Psychological Perspectives**

*Alexandra Union, PhD, Clinical Psychologist, Sonora Regional Medical Center, Sonora, CA.*

**Resiliency in Recovery from Alcohol and Drug Addiction**

*Fr. Michael Kon, MEd, CAADC (Certified Advanced Alcohol and Drug Counselor), Mid-Atlantic Rehabilitation Services Addictions Treatment Program, Bethlehem, PA, and Assistant Pastor, Holy Resurrection Orthodox Church, Allston, MA.*

**Ego Reduction as a Way to Resiliency**

*Dean Theophilos, MA, Mental Health Practitioner, NuWay House, St. Paul, MN.*

**Room C: Group III**

**Opening the Doors of the Hospital: The Parish as a Welcoming Place of Healing**

*Dn. Photios Clayton Parks, PhD, Qualified Developmental Disabilities Professional, Lifespan Services, Brevard, NC.*

**Building Priestly Resilience: The Challenge of Spiritual Formation**

*Fr. Gregory Jensen, PhD, Pastor, Ukrainian Orthodox Mission, Madison, WI, and Fr. Anthony Perkins, MA, MDiv, Adjunct Professor of Church History, Saint Sophia Ukrainian Orthodox Seminary, South Bound Brook NJ.*

**Resilience and the Redemption of Human Being and Becoming**

*Pres. Vasiliki Eckley, MDiv, Holy Meeting of Joachim and Anna Apoltolia (a research and educational foundation studying issues of relationship and lifestyle in today's world), Austin, TX.*

**Room D: Group IV**

**Catchphrases of Cartoons, Super Heroes, and Jedi as applies to Resilience in Psychiatric Units for Children: Philosophical and Theological Approaches for Chaplaincy**

*Sebastian Farlardeau, PhD candidate, Researcher, Universite de Montreal, CAN; Chaplain, Franciscan Children's Hospital, Brighton, MA; Instructor, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA.*

**Every Body is Endowed with Resilience: Facing Body Image as a Side-Effect of a Perfectionist Culture and Saying NO to its Debilitating Distortions**

*Gloria Terziyska, EdS, LMFT, Primary Therapist, Eating Recovery Center, Greenville, SC.*

2:30-3:00pm Coffee and Tea Break

3:00-4:00pm **Plenary Speaker: Psychological Perspective**  
*Demetra Jaquet, DMin, Pastoral Counselor/Spiritual Director, Board Certified Chaplain, Supervisor of Clinical Pastoral Education (retired), Palisade, CO.*

4:15-5:15pm **Session 3: Workshops**

**Room A: Becoming a Healing Presence**

*Albert Rossi, PhD, Director of Counseling and Psychological Services, Saint Vladimir's Orthodox Theological Seminary, Crestwood, NY.*

**Room B: Achieving Wellness in Confinement: How a Small Health Success from a Prison Can Guide us to Achieve Greater Health Success Nationwide**

*Sandra M. Mathoslah, PharmD, MBA, Officer of the US Public Health Service, Rockville, MD.*

**Room C: The Burning Bush: Can a Caregiver be both "On Fire" and "Not Consumed"?**

*Fr. Adrian Budica, ThM, Director of Field Education, Saint Vladimir's Orthodox Theological Seminary, Crestwood, NY.*

**Room D: Orthodox Medical Missions Around the World**

*John Demakis, MD, FACP (retired), former Director of VA Health Services Research Service, Falls Church, VA (Moderator). Panelists: Cheryl Johnson, MD, Adult Hospitalist, Cape Coral Hospital, Fort Myers, FL; Gayle Woloschak, PhD, DMin, Professor, Feinberg School of Medicine, Northwestern University, Chicago, IL; Floyd Frantz, BA, Missions Specialist, OCMC, and Coordinator, National Antidrug Program, Romanian Orthodox Church, Cluj, Romania.*

5:30-6:30pm Vespers: Saint Sophia Ukrainian Orthodox Seminary Chapel

6:30-8:30pm Ethnic Ukrainian Dinner and Speaker: Sisterhood Hall

**Saturday, November 4, 2017**

8:00-8:45am Orthros: Saint Sophia Ukrainian Orthodox Seminary Chapel

9:00-10:00am **Plenary Speaker: Theological Perspective**  
*Very Rev. John Behr, DPhil, Dean, Rector, Director of the Master of Theology Program and Professor of Patristics, Saint Vladimir's Orthodox Theological Seminary, Yonkers, NY.*

10:00-10:30am Coffee and Tea Break

10:30-11:30pm **Session 4: Workshops**

**Room A: Caregiver Resiliency**

*Donald Jenkins, MD, FACS, Clinical Professor, Division of Trauma and Emergency Surgery, University of Texas Health Sciences Center, San Antonio, TX (Moderator). Panelists: Roxana Delgado, PhD, Fellow, School of Medicine, Military Health Institute and Department of Epidemiology and Biostatistics, University of Texas Health Sciences Center, San Antonio, TX; Kimberly Peacock, EdD, Senior Research Scientist, Department of Epidemiology and Biostatistics, University of Texas Health Sciences Center, San Antonio, TX; and Chetan Kharod, MD, MPH, Colonel, USAF, Program Director, Military EMS and Disaster Medicine Fellowship Program, Department of Emergency Medicine, San Antonio Military Medical Center, Fort Sam Houston, TX.*

*Room B: **Paradise Lost and Paradise Regained: Authentic Restoration to God, A Psychoanalytic Perspective***  
*Steven M. Harris, PhD, Psychologist, Private practice, Newport Beach, CA.*

*Room C: **Healing the Healer: Watchfulness, Contemplation, and Resilience***  
*Ioana Popa, MD, Psychiatrist, Private Practice, Newton Highlands, MA, and Counselor and Adjunct Assistant Professor, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA.*

*Room D: **Raising Resilient Children***  
*Sarah Brangwynne, MA, Psychotherapist, Move to Heal, Princeton, NJ; and Juliana Schneider, MEd, Assistant principal, The Merriam School, Anton, MA, and Adjunct professor at the Graduate School of Education, Lesley University, Cambridge, MA.*

11:45-1:15pm      Lunch and OCAMPR Annual Business Meeting

1:30-2:30pm      **Session 5: Workshops**

*Room A: **Lazarus is Dying...Again: Reflections on Consubstantiality and Spiritual Resilience***  
*Dn. Stephen Muse, PhD, Director of Education and Training, Pastoral Institute, Columbus, GA.*

*Room B: **Virtue, Law, and Transfiguration: Toward an Orthodox Christian Bioethics***  
*Chris Durante, PhD, Assistant Professor, Department of Theology, Saint Peter's University, Jersey City, NJ, and Fellow, UNESCO Chair in Bioethics and Human Rights.*

*Room C: **The Resilient Marriage***  
*Susan E. Hansen-Engelhard, MA, Mental health counselor, Perspectives Counseling and Consulting, Orlando, FL.*

2:30-3:00pm      Coffee and Tea Break

3:00-4:00pm      **Session 6: Workshops**

*Room A: **What it Means to be an Orthodox Therapist: Three Perspectives***  
*Philip Mamalakis, PhD, Assistant Professor of Pastoral Care, Hellenic College Holy Cross Greek Orthodox School of Theology, Brookline, MA; Demetra Jaquet, DMin, retired Chaplain, Counselor/Spiritual Director, Palisade, CO; Dn. Stephen Muse, PhD, Director of Education and Training, Pastoral Institute, Columbus, GA.*

*Room B: **Holistic Christian Life***  
*Cynthia Damaskos, CHHC (Certified Holistic Health Coach), Private practice, and Director of the Orthodox Speakers Bureau, Valparaiso, IN.*

*Room C: **On the Way to Theosis Through the Christian Family***  
*Fotini Lazaridou-Birbilis, MA, Private practice, Moorestown, NJ, and Fr. Christodoulos Papadeas, Dean at Toronto Orthodox Theological Academy, Toronto, CAN.*

4:15 – 5:15pm      **Wrap Up/Reflection/Discussion with Plenary Speakers and Advisory Board**

5:30-6:30pm      Vespers and Blessing of the Hands: St. Andrew Memorial Church,  
280 Main St., South Bound Brook, NJ.

**Sunday, November 5, 2017**

10:00am      Divine Liturgy: St. Andrew Memorial Church, 280 Main St.,  
South Bound Brook, NJ.